

Parent Education: Bullying



If you are aware of a bullying incident at Sunset Lane, please report it to the school immediately so that a thorough investigation can be conducted. You can even report bullying anonymously by visiting our school website and clicking report bullying under the links tab, or by clicking the link below:

<http://www.fullertonsd.org/apps/form/form.FULESD.qfXptEd.ILL>

What is Bullying?

Bullying is any behavior is:

- Deliberate and hurtful
- Repeated over time
- And characterized by a relationship involving an inequity of power, such as size or popularity

Resources:

- Please click the link below for a 5 minute, kid friendly video on bullying, including follow up activities to complete with your child/children.

<https://jr.brainpop.com/health/relationships/bullying/>

- Please visit Common Sense Media, for multiple resources on cyberbullying.

<https://www.common Sense Media.org/cyberbullying>

What is Bullying?

Is a pattern of unwelcome or aggressive behaviour that often involves an imbalance of power, and/or the intention to harm or humiliate someone.

What is Conflict?

Is generally a disagreement or difference in opinion between peers who typically have equal power in their relationships.

Types of Bullying:

Verbal Bullying: name-calling, mocking, insults, teasing, intimidation, homophobic or racist remarks.

Social Bullying: excluding others from a group, embarrassing someone in public, or spreading gossip or rumours about them.

Physical Bullying: hitting, shoving, damaging or stealing property

Cyber Bullying: spreading rumours and hurtful comments through the use of e-mail, cell phones (e.g., text messaging) and on social media sites.